

HEALTH ED 427
Health Education Practicum Teaching Experience K-12

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COURSE DESCRIPTION:

A course designed for health education minors. The following teaching components in a comprehensive school health education curriculum will be identified: Infusion, teaching strategies, instructional teaching aids, health resources, lesson plan/unit plan development, development and implementation of a health fair at PJ Jacobs's junior high, observation of health classes and teaching in the Stevens Point School District.

COURSE GOALS:

1. To begin to value the school health program as an integral part of the k-12 curriculum.
2. To become familiar with k-12 school health curriculum.
3. To become familiar with current literature and resources available for teaching health.
4. The student will become less directive and more facilitative in relation to teaching health education.
5. To become involved with the process and development of how to set up a junior high school health fair.
6. To become comfortable in teaching a variety of health topics in a classroom setting.
7. To observe health classes in our community.
8. Candidates know, understand, and use the major concepts in the subject matter of health education to create opportunities for student development and practice of skills that contribute to good health.

COURSE EVALUATION

1. THREE EDUCATIONAL POSTERS for the health fair

Poster sharing will occur on **Monday, Feb. 19** for the first health fair.
Poster sharing will occur on **Monday, March 5** for the second health fair.

Create- 3 posters for each health fair group

Each individual in your group must create one poster

Poster requirements – 10 pts. for each poster/ individual grade to the person creating the poster

1. Must be created with professionalism 4 pts.
2. Font must be large and easy to read 3 pts.
3. Color must be appealing to the eye and not a distraction. 3 pts.

2. TWO HEALTH FAIRS - 200 pts. / Each health fair is worth 100 pts

Health Fair 1- Wednesday, Feb. 21 (7:00 am- 9:30 am)

Health Fair 2- Wednesday, March 7 (7:00 am-9:30 am)

Your group will be assigned one of the ten content areas identified in the Health curriculum. You will work in a group with other classmates to provide a booth for two health fairs at PJ Jacobs junior high in Stevens Point. Both health fairs will be taught to junior high eighth and ninth grade mixed classes. Your **GROUP** will be required to write a health fair lesson plan. Work with your group in writing the format and content of the lesson plan. Each health fair group will be responsible for turning in **ONE** lesson plan. The lesson plan must be uploaded the Monday before the health fair (1 per group). An individual student reflection must be submitted in the D2L dropbox by the day after the health fair. Minus 5 pts. if your lesson plan is not submitted in D2L the Monday before the health fair and minus 5 pts. if your reflection is not submitted in D2L dropbox by the day after the health fair.

3. TEAM TEACHING IN THE ELEMENTARY SCHOOLS, Grades 5 or 6 (6 teaching experiences) 100 pts. (Begins after spring break) March 27-April 14

Each student group will be assigned to an elementary teacher in the Stevens Point School District. Your assignment is to become familiar with the specific age level of the children, develop a health unit plan (**6 LESSON PLANS**) that the elementary teacher would like to see implemented for the class, then teach it. Your elementary teacher will either ask you to teach from their curriculum, recommend health topics or let you come up with your own lessons. You are welcome to give input on what should be taught. Controversial topics will not be taught. You will not be allowed to repeat any of your lessons to count towards the six. You will be required to **observe one class** before you begin teaching, a minimum of 30 minutes. You are required to teach the entire class period, between 40-60 min. You are required to divide the time between the 2-3 instructors.

Be flexible – you may have your dates set, but please be flexible. Situations may occur that are uncontrollable, such as guest speakers, concerts, snow days etc. Pay attention to the school calendars that may be found online.

You will be required to email each individual lesson plan to your elementary teacher at least 2 days before you teach. If your lesson plan is not emailed to your teacher 2 days before you teach, you will not be allowed to teach on that day. You will lose 20 pts. from your teaching experience grade and will have to re-schedule, with the permission of your 5th or 6th grade teacher. Your lesson plan must be submitted in D2L dropbox, 2 days before you teach. 5 points will be deducted if late.

4. OBSERVATION, 20 pts.

One observation at the elementary school – due before you begin teaching at the elementary school.

Deadline – Friday, March 23. Before you leave for spring break

You will not be allowed to teach until you have completed your one observation.

Observation forms are in D2L. The teacher's signature is required on all forms. Each observation must have an individual form and must be completed with quality and detail. All observation forms are to be done on your own and not with your partner(s). You may observe on the same day with your teaching partner(s). Forms may be scanned and sent to me by email if handwritten. **You must email**

the teacher you are observing at least one week before you observe their class. You will not be allowed to observe without notifying the instructor at least one week before the observation.

5. Eight Teaching Reflections/ 80 pts. total, each reflection is worth 10 pts.

Six elementary school reflections, and two health fair reflections.

Each reflection is worth 10 pts. Reflections from both health fairs and all teaching experiences are required. Your individual reflection from each health fair must be placed in D2L drop box, the day after the health fair. Your teaching (in the schools) reflections are due the day after you teach.

You will also reflect on teaching with your partner at the end of the semester, this will not be due until the final reflection (exam) is due.

Reflection questions: (just ideas) you may create your own reflective thoughts and reflection questions. You do not have to answer all of these questions in every reflection.

1. How did this lesson impact me as a future health educator?
2. What would I do next time to improve this lesson?
3. Classroom management skills – how am I doing?
4. Do I feel confident teaching my topic?
5. Are we sharing equal teaching time, is one person dominating the lesson?
6. How is my time management?
7. Do I have a good balance of cognitive, psychomotor and affective performance indicators
8. Am I considering the National Health Standards when I am teaching?

If reflections are not in D2L the day after you teach in the schools or the day after each health fair, you will receive a 5 pt. deduction off your grade.

6. Final exam reflective questions 20 pts.

Class reflection will be email to you one week before due date

D2L Drop Box by the final exam date: **5 pt. deduction for being late**

DATES:

TOPIC

Week 1

January 22 Introduction to class- Assignments

January 24 Continue -Getting to know your classmates

Week 2

Jan. 29 Planning - Organizing Teaching in the schools and Health Fairs

Jan. 31 Planning - Organizing Teaching in the schools and Health Fairs

Week 3

Feb. 5 Group planning health fairs (HLED 427 former students may come in)

Feb. 7 Group planning health fairs

Week 4

Feb. 12 Getting ready to teach in the school's/health fair planning

Feb. 14 Getting ready to teach in the school's/health fair planning

Week 5

Feb. 19 Poster sharing for first health fair
Deadline to submit lesson plan in D21 dropbox

Feb. 21 Health Fair #1

Week 6

Feb. 26 Health Fair #1 debrief

Feb. 28 Health Fair planning

Week 7

March 5 Poster sharing for second health fair
Deadline to submit lesson plan in D21 dropbox

March 7 Health fair #2

Week 8

March 12 Health fair #2 debrief

March 14 Preparing to teach in the schools

Week 9

March 19 Preparing to teach in the schools

March 21 Preparing to teach in the schools

March 23 Observation due

Spring Break (March 26-30)

Class will not meet after spring break unless otherwise specified by the instructor.

Week 15 Last week to complete teaching. **Class will meet on May 7th.**

Week 16 Final exam (reflection of class due) – **Wed. May 16 – 12:30 pm**

Student Responsibility

To attend class – no unexcused absences allowed. Be on time- Tardiness is unacceptable.

Excused absences must be sent by email, including reason why and date of absence.

10 pt. deduction for each class missed.

To enjoy learning and engage in class participation!

To take responsibility in reading your course assignments, knowing due dates and reading email messages from your instructor on a weekly basis.

Displaying professionalism always.